



Workum 5 en 6 september 2020

SAILING INSTRUCTIONS

Optimist selection Event Workum 2020

For Optimist

The Organizing Authority is the Optimisten Club Nederland (OCN), in conjunction with Zeil Club Kurenpolder ZCK.

[DP] denotes a rule for which the penalty is at the discretion of the Protest Committee

[NP] denotes a rule that shall not be grounds for protests by a boat. This changes RRS 60.1(a).

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS).
- 1.2 The prescriptions of the RNWA will apply. See www.sailing.org/documents/racingrules/national_prescriptions.php.
- 1.3 [DP] Class rules will apply,
- 1.4 Sails shall carry the full sail number and national letters in accordance with the Class Rules, the RRS and comply with RRS Appendix G. With the permission of the Race Committee a boat chartered or loaned for the event may carry a sail number in contravention of her class rules, provided that this number shall not be the sail number of any other boat competing in the same class. This changes RRS G3
- 1.5 If there is a conflict between languages the English text will take precedence.
- 1.6 [DP] Every person on board who has its domicile in the Netherlands shall have the appropriate license. The licenses can be checked at registration.
- 1.7 RRS Appendix T applies.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official Notice Board located in or near the regatta office.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0800 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4 SIGNALS MADE ASHORE

Signals made ashore will be displayed at one of the official signal masts, located close to the regatta office.

Signal:

Flag "AP" 

Meaning:

All races not started are postponed; do not leave the harbour area. When flag AP is displayed ashore, '1 minute' is replaced by 'not less than 60 minutes'.

Flag "D" 

Boats shall proceed to their racing area, the warning signal will be made not less than 60 minutes after the display of this flag,

[DP] [NP] Boats shall not launch before this flag has been displayed.



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5 SCHEDULE OF RACES

5.1 Starting sequence:

Course Area A	Optimist Group 1 (Yellow) Optimist Group 2 (Blue) Optimist Group 3 (Red)
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5.2 The schedule of races is as follows:

No. of scheduled races	
Saturday	Sunday
5	5

5.3 The warning signal for the first race of the first class on will be 1125 on Saturday .

5.4 The warning signal for the first race of the first class on will be 1025 on Sunday

5.5 Each racing day may be used to start postponed or to re-start abandoned races under the restriction that no more than six (6) races will be sailed per day.

5.6 No warning signal will be made after 1500 on Sunday

5.7 The fleet will be divided in starting groups of maximum 80 boats.

- 5.8
- Initial assignments for the races will be made on a random basis by the OA. Those assignments will be posted no later than 0900. on Saturday
 - For Sunday, boats will be reassigned to starting groups, except if on the first day only one race is completed.
 - For the Optimist fleet, reassignments will be made on a 1,2,2,1,1,2,2, etc. basis into different colour groups.
 - Assignments will be based on the ranking available at 2100 that day regardless of protests or requests for redress not yet decided. Assignments or re-assignments will be no grounds for redress. This changes RRS 62.1(a).
 - When the last race of the day is not valid for all starting groups, the race shall be abandoned for all concerned starting groups (this changes RRS 32.1).

6 CLASS FLAGS AND RIBBONS

6.1 For the other classes the class flags will be:

Class	Class Flag
Optimist Group 1	Flag YELLOW
Optimist Group 2	Flag BLUE

6.2 **[DP] [NP]** All boats shall display a colored ribbon (corresponding with the color of their class flag), this ribbon shall be attached to the top of the sprit.



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7 RACING AREA

- 7.1 Appendix 1 shows the location of racing area
- 7.2 The starting area for each course is defined as a rectangle covering the area 100 meters to both windward and leeward of the starting line and 50 meters to both port and starboard of either end of the starting line.

8 THE COURSE

- 8.1 The diagrams in Appendix 2 show the course, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2 No later than the warning signal, the race committee signal vessel will display the approximate compass bearing of the first leg.

9 MARKS

- 9.1 The colour and shape of the marks will be written in Appendix 2.
- 9.2 A race committee vessel signalling a change of a leg of the course is a mark as provided in SI 11.2.

10 THE START

- 10.1 Races will be started by using RRS 26.
- 10.2 The starting line will be between a pole or mast displaying an orange flag aboard of the race committee signal vessel at the starboard end and a dan buoy displaying an orange flag at the port end of the starting line or a pole with an orange flag at a dinghy at the port side of the starting line.
A Mark ILM may be used. If a mark ILM is used, the following will apply: boats shall keep the mark ILM to starboard while starting. Mark ILM is also a mark of the starting line as meant in RRS part 2, section C, the introduction.
- 10.3 **[NP][DP]** Boats whose warning signal has not been made shall avoid the starting area
- 10.4 A boat starting later than four(4)minutes after her starting signal will be scored DNS without a hearing. This changes RRS A4.1 and A5.
- 10.5 To alert boats that a race or sequence of races will start soon, the orange starting line flag(s) will be displayed (with one sound signal) at least five minutes before a warning signal is made.
- 10.6 If a start under RRS 30.4 should result in a General Recall, sail numbers of the boats identified breaking the black flag rule will be displayed on the race committee signal vessel at starboard end or a committee vessel near the starting vessel.

11 CHANGE OF THE NEXT LEG OF THE COURSE

- 11.1 To change the next leg of the course, the race committee will bring the original mark (or the finishing line) to a new position.
- 11.2 Except at a gate, boats shall pass between the race committee vessel signaling the change of the next leg and the nearby mark, leaving the mark to port and the race committee vessel to starboard. This changes RRS 28.

12 THE FINISH

The finishing line will be between staffs displaying orange flags on the finishing marks.



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13 PENALTY SYSTEM

- 13.1 Appendix P of the RRS will apply. Where in Appendix P is written regatta, this must be understood as weekend series.
Add the following sentence to RRS P2.1: When penalized after she has finished, she will be given a scoring penalty of 30% calculated as stated in RRS 44.3(c), but not more than 8 points and not less than 4 points, without a hearing.

Appendix P is changed as follows:

- P2.2. 'second' is changed to 'second and following'. P2.3 is deleted.
13.3 The World Sailing 'Interpretations of Rule 42, Propulsion' are the reference for the protest committee to apply RRS 42. See [INTERPRETATIONS OF RULE 42, PROPULSION](#)

14 TIME LIMITS AND TARGET TIMES

- 14.1 Time limits and target times are as follows:

Time Limit	60 minutes
Mark 1 time limit	17 minutes
Target time	40 minutes

- If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned.
14.2 Boats failing to finish within 10 minutes after the first boat in her class sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.
14.3 Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

15 PROTESTS AND REQUESTS FOR REDRESS

- 15.1 Protest forms are available at the regatta office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
15.2 The protest time limit is 75 minutes after the last boat has finished the last race of the day. The same protest time limit applies to all protests by the race committee, technical committee and protest committee and to requests for redress. This changes RRS 61.3 and 62.2.
15.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held as soon as possible after receipt of the protest form.
15.4 Notices of protests by the race committee, technical committee or protest committee will be posted to inform boats under RRS 61.1(b).
15.5 A list of boats that, under the rules of Appendix P, have acknowledged breaking RRS 42 or have been disqualified by the protest committee will be posted as soon as possible.
15.6 On the last scheduled day of a weekend series a request to reopen a hearing must be submitted:
a) within the protest time limit, if the party making the request was informed of the decision the previous day ;
b) no later than 30 minutes after the party was informed of the decision on that day.
This changes RRS 66.



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- 15.7 On the last scheduled day of the weekend series, a request for redress based on a decision of the protest committee shall be submitted no later than 30 minutes after the decision was published.
This changes RRS 62.2.

16 ARBITRATION

- 16.1 All protests involving only 2 boats and a rule of RRS part 2 or RRS 31, will be subject to arbitration. RRS Appendix T applies.
- 16.2 The 30% scoring penalty will not exceed 15 points. This changes RRS T1(b).
- 16.3 The arbitrator can be a member of the protest committee that hears the protest. This changes RRS 63.3(a) and Appendix T.

17 SCORING

17.1 Weekend Series

For each weekend series the Low Point scoring system of RRS Appendix A will apply. While scoring the separate junior, ladies or other sub-classes, the scores of the normal results will be used.

When less than five races have been completed, a boat's series score will be the total of her race scores, this changes RRS Appendix A2.

17.2 Overall score

Each skipper is scored under his/her last sail number used in the overall series.

When a skipper sailed with another sail number in the same class, scores are combined. For the overall score all sailed races count.

Discard is as follows: 1-4 sailed races no discard, 5,6,7 or 8 races: 1 discard, followed by one extra discard pro four sailed races.

RRS Appendix A9 is changed as follows:

A boat scored BFD, DNC, DNE, DNF, DNS, DSQ, OCS, UFD or RET shall be scored one point more than the number of boats entered in the concerned weekends series, so points are the same as in the weekend series.

18 [NP][DP] SAFETY REGULATIONS

- 18.1 RRS 40 shall apply at all times while afloat. Flag Y will not be displayed. This changes RRS 40 and the Preamble of Part 4.
- 18.3 Any boat that retires from a race, or does not start a race shall inform the race committee on the water if possible and shall in all cases inform the regatta office as soon as possible.
- 18.4 Competitors who require assistance should so signify by blowing a whistle or waving the paddle or one arm. The race committee reserves the right to assist competitors who, in the opinion of the race committee, require assistance, regardless of the wishes of the competitor.
- 18.5 When flag V is displayed on a race committee vessel, all coaches and support boats are permitted to enter the racing area and shall cooperate with the race committee in rescue assistance.



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19 REPLACEMENT OF CREW OR EQUIPMENT

- 19.1 **[NP][DP]** Substitution of competitors will not be allowed without prior written approval of the race committee.
- 19.2 In the event of damage, boats and equipment may only be substituted with the written permission of the race committee. If the damage occurs later than 90 minutes before the first scheduled start on a racing day and before the start of the last race of the day, provisional verbal permission shall be obtained from the protest committee or the race committee and the written permission of the protest committee shall be applied for before the end of the protest time limit at the end of the day in which the substitution takes place.

20 EQUIPMENT AND MEASUREMENT CHECKS

- 20.1 Upon arrival coaches shall report to the regatta, equipment may also be checked.
- 20.2 Apart from the stipulations in SI 1.3, the race committee may permit under exceptional circumstances and only upon a written request, a boat to use a sail number other than required by RRS 77 and RRS G.
- 20.3 All competitors, shall use only one hull, (set of) sail(s), mast, boom, sprit (Optimist only), centerboard, rudder, which may be identified during measurement.
- 20.4 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a member of the race committee or the technical committee proceed immediately to a designated area for inspection.

21 **[NP][DP] HARBOUR MASTERS**

The instructions of the harbour masters, beach masters and site managers must be followed strictly.

22 OFFICIAL BOATS

Official boats will be marked as follows:

- a) Race committee vessels will fly a flag with "RC".
- b) Jury vessels will fly a yellow flag marked "JURY".
- c) Rescue vessels will fly a purple flag marked "RESCUE".
- d) Press vessels will fly a white flag marked "PRESS"

23 **[NP][DP] SUPPORT BOATS**

- 23.1 During the races there shall be no communication between competitors and support persons. After the first warning signal team support and private boats shall stay well clear of the starting, racing and finishing area until the last boat has finished.
- 23.2 No coach and support boats are permitted in the racing, starting and finishing area from the first warning signal of the first fleet in a race until all boats have finished or the race committee signals a postponement, general recall or abandonment for all races.
- 23.3 Coach and support boats shall stay at least 100 m away from any boat racing.
- 23.4 During racing of any fleet, coach and support boats are not allowed inside the area as indicated by the dotted line shown in Appendix 2.
- 23.5 Coach and support boats shall register before the first race by mail, vz@optimist.nl
- 23.6 There will not be a coach meeting, information will be sent by mail or WhatsApp.

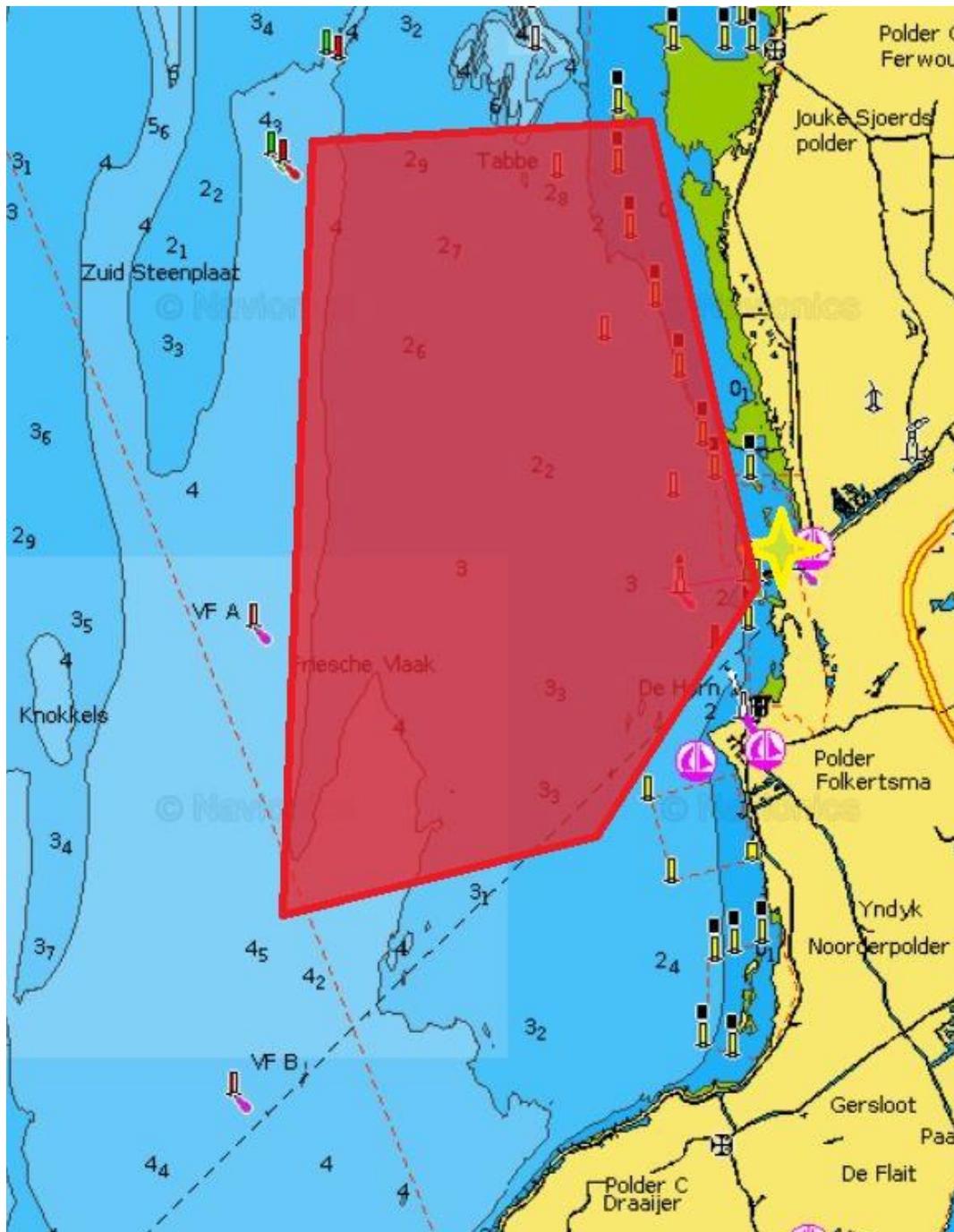


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- 24 [NP][DP] TRASH DISPOSAL**
Trash may be placed aboard support and race committee boats.
- 25 [DP] [NP] BERTHING**
Boats shall be kept in their assigned area in the boat park while ashore
- 26 [DP] [NP] RADIO COMMUNICATION**
Except in an emergency a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communications that is not available to all boats. The VHF 72 shall only be used for safety communication.
- 27 PRIZES**
Prizes will be awarded as written in NoR 16.
- 28 DISCLAIMER OF LIABILITY**
Participants participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The OCN the OA, the race committee, the protest committee, or any other party involved in the organization of the Regatta will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the regatta.
- 29 RIGHTS TO USE NAME AND LIKENESS**
By entering the event competitors accept that they may be photographed and/or videotaped participating in a race and/or using the U4 Sailing facilities and they consent to the taking of such images and to the use, reuse, publication and republication of such images in any media, in conjunction with the competitors name or not, without compensation and without the competitors approval of such images or any use thereof. Video cameras can also be put on boats.
- 30 INSURANCE**
Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of €1.500.000,00 per incident or the equivalent.

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Appendix 1 The Race Area





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Appendix 2 The Course and marks

Course Area (Starting vessel JAR):

Mark 1, 2, 3 are blue cylindrical shaped buoy with text :”Delta Loyd “.

The finishing line will be between staffs displaying orange flags on the finishing marks.

Probable Race Officer: Arjen Wildeboer

Classes	Sequence of marks
Optimist Group 1 and 2	Start – 1 – 2 – 3 (gate) – Finish

